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www.goldenarchresources.com

News Release

2007-1022LK

Golden Arch Grants Options to Company Directors

October 22, 2007, Vancouver, BC – (TSX.V: GAI) Les Kjosness, President & CEO announces that the Company's Board of Directors has approved a grant of stock options to its six Officers & Directors. Subject to TSX Venture approval, a total of 2,705,000 options have been granted for the purchase of common shares of the Company at an exercise price of \$0.12 per share. The options were granted pursuant to the Company's Stock Option Plan and carry a term of five years, expiring on the 22nd day of October, 2012.

Golden Arch is a diversified mineral exploration company with gold, silver, copper, zinc and lead interests in both Canada and the United States. In Arizona, the exploration plan at Mildred Peak includes improvements to the access roads and drilling on several identified zones to upgrade the property data to comply with N.I. 43-101. The copper/silver zones and the old gold mine working areas are the priority targets.

The Company's Wakefield Lakes, Saskatchewan zinc property will be explored later this year using flow-through funding which closed by way of a private placement announced in June. Permit applications have been made to create or upgrade approximately 22 kms of road to access drill pad locations on the property and to allow from one to five drill holes from each of seven sites. Plans for the first phase of drilling call for 1,220 metres of NQ diamond drilling as recommended in the recent N.I. 43-101 report recommendations.

The Company also has a 100% working interest (87.5% net interest) in an oil gas prospect in Clay County, Texas, known as the Antelope North Prospect.

On behalf of the Board,
"Les Kjosness"
President, CEO & Director

email: goldenarch@telus.net

The Company's exploration program is under the supervision of R.D. Somerville, P. Eng., a Qualified Person under National Instrument 43-101. Mr. Somerville is Vice President and COO of Golden Arch Resources Ltd.

Golden Arch Resources Ltd. is a metals, oil, and gas and exploration company based in Vancouver, BC, Canada. Its principal assets are the Mildred Peak copper/gold/silver property located in Arizona, the newly acquired Wakefield Lakes zinc project in Saskatchewan and the Abbott/Wagner silver/lead/zinc property in British Columbia.

"The TSX Venture Exchange assumes no responsibility for the accuracy of this Release and neither approves nor disapproves thereof."

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